The rate of resistance to tetracyclines and distribution of tetA, tetB, tetC, tetD, tetE, tetG, tetJ and tetY genes in Enterobacteriaceae isolated from Azerbaijan, Iran during 2017

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Keywords:
Enterobacteriaceae; Tetracycline; Susceptibility patterns; tet genes

Abstract
Introduction: Enterobacteriaceae are the heterogeneous group of Gram-negative bacteria, which cause different infections. The incidence of resistance to antibiotics among the Enterobacteriaceae is growing. This study investigated antibiotic resistance features and tetracycline resistance genes distribution in Enterobacteriaceae isolates from Hospitals of Azerbaijan, Iran.

Methods: The disc diffusion agar and agar dilution methods were used for assessment of antibiotics susceptibility patterns and minimum inhibitory concentration determination of tetracycline and minocycline. To detect eight tetracycline resistance genes (tetA, tetB, tetC, tetD, tetE, tetG, tetJ, and tetY), the PCR was performed in tetracycline-resistant isolates.

Results: The resistance rate to tetracycline, minocycline, doxycycline, and tigecycline by the disc diffusion agar method were 58.8%, 24%, 43.6% and 0.4%, respectively. Fifty-one (20.4%) isolates were multiple drugs resistant. The minimum inhibitory concentration results showed 52% resistance to tetracycline and 22% for minocycline. The percentage of tet genes distribution was tetA (14.4%), tetB (18.4%), tetC (2%) and tetD (4.4%). However, tetE, tetG, tetJ and tetY genes were not detected in the present study.

Conclusion: There is a moderate-high resistance rate to tetracycline among Enterobacteriaceae in Azerbaijan. The most effective antibiotic against Enterobacteriaceae was tigecycline followed by fosfomycin, imipenem and meropenem. The tet genes family especially tetA and tetB were prevalent among tetracycline-resistant isolates.

Introduction
Enterobacteriaceae are the most common Gram-negative bacteria in microbiology laboratories and have an important role in the incidence of nosocomial infections, pneumonias and local infections after surgery and septicemia (Sadeghi et al., 2016).
most prominent pathogenic genera to human are included *Escherichia coli*, *Klebsiella pneumoniae*, *Citrobacter* spp., *Proteus* spp. and *Morganella* spp. (Stecher et al., 2012). *E. coli* and *K. pneumoniae* are more isolated from infections caused by *Enterobacteriaceae* in particular bloodstream infections (Kim et al., 2002). Common treatments for Gram-negative bacterial infections are aminoglycosides, beta-lactams, fluoroquinolones and tetracyclines (Hawkey and Finch, 2007).

Tetracyclines are bacteriostatic antibiotics and can attach to the ribosome 30s subunit and prevent protein synthesis. They were discovered in the 1940s and were rigorously active against Gram-positive and Gram-negative bacteria and protozoan parasites (Chopra and Roberts, 2001). Amon the most well-known tetracyclines, it can be referred to tetracycline, minocycline, doxycycline and tigecycline (Connell et al., 2003). Doxycycline as a second generation tetracycline has high absorbance rate and lipophilic properties (Sloan and Scheinfeld, 2008). Minocycline is a bacteriostatic agent as well. Its performance mechanism is similar to other tetracyclines (Ritchie and Garavaglia-Wilson, 2014). Tigecycline as a new tetracycline is obtained from the combination of 9-t-butylglycylamido side chain to minocycline due to a high affinity to ribosome (Deng et al., 2014). Tigecycline is more used against the Gram-negative bacteria (Livermore, 2005). The prescription range of tetracyclines is too wide including human and animals infections and even plants (Aminov et al., 2001). The price of tetracyclines is declining due to pharmaceutical advancement, so they are considered to be the most favorite and cost-effective antibiotics around the world. Tetracyclines alone or in part with other antimicrobial agents administrate to the treatment of infections caused by *Enterobacteriaceae* (Hirsch and Tam, 2010). The infections caused by *E. coli* have been treated with tetracycline, doxycycline and minocycline (Cunha, 2012).

Before the mid-1950s, most bacteria were sensitive to tetracycline. The mechanisms of resistance to tetracycline include the decreased penetration, efflux pumps, ribosomal protection, target alternation and enzymatic modifications. Several plasmid genes contribute to resistance, which is known as *otr* and *tet* genes. Twenty-nine *tet* genes are known to be named in the English alphabet and belong to a major facilitator superfamily which encodes the dependent membrane proteins. These proteins drove out the tetracyclines and protect ribosome (Chopra and Roberts, 2001). All detected *tet* genes are related to efflux pump and ribosomal protection mechanisms except the *tetX* gene, which belongs to the enzymatic alteration mechanism (Ng et al., 2001). Tetracyclines are not the first-line prescribed drugs for the treatment of *Enterobacteriaceae* infections, but increasing resistance to first-line drugs has turned them into an alternative treatment for these infections (Horcajada et al., 2014).

In the present study, the antibiotic resistance features and the distribution of tetracycline resistance genes in *Enterobacteriaceae* isolated from Azerbaijan Hospitals were investigated.

**Materials and methods**

**Bacterial isolation and identification**

A total of 250 *Enterobacteriaceae* isolates were gathered from clinical specimens. The organisms were identified by the microscopic feature and the differential tests such as indole production, urease, phenylalanine deaminase, glucose and lactose fermentation, motility test, methyl red, Voges Proskauer, citrate consumption and H₂S production (Hansen et al., 2004). Finally, they were stored in tryptic soy broth medium including glycerol and preserved at -70°C freezers (Rohman et al., 2013). Informed consent was obtained from all human adult participants and from the parents or legal guardians of minors. The Ethic Committee of Tabriz University of Medical Sciences approved this study (Number: Ir.tbzmed.rec.1396.638).

**The disk diffusion agar method**

The disk diffusion susceptibility testing was performed according to the Clinical and Laboratory Standards Institute (CLSI) guidelines (Jorgensen and Turndige, 2015). Antimicrobial disks that were used in this study, purchased from “Mast” (UK) included ampicillin, piperacillin/tazobactam, imipenem, ceftazidime, nitrofurantoin, meropenem, aztreonam, cotrimoxazole, fosfomycin, gentamicin, amikacin, nalidixic acid, cefazolin, tetracycline, doxycycline, minocycline and tigecycline (Hudzicki, 2009). *E. coli* ATCC (American type culture collection) 25922 was used as a quality control strain.
Minimum inhibitory concentration (MIC) determination

In order to achieve MIC rate in *Enterobacteriaceae* isolates to tetracycline and minocycline, the agar dilution method was conducted. The results were interpreted according to the CLSI guidelines (Andrews, 2001). 

PCR

To detect tetracycline resistance genes (*tetA*, *tetB*, *tetC*, *tetD*, *tetE*, *tetG*, *tetJ*, and *tetY*), DNA of organisms, which were resistant to tetracycline by the MIC method, were extracted by the boiling method (Zhang and Stewart, 2000). Then, the PCR was performed for screening of eight *tet* genes as previously described (Aminov et al., 2002). PCR products were evaluated by electrophoresis for 60 min on a 1.5% agarose gel at 85 V and after staining with 0.5μg/ml ethidium bromide visualized under UV light (Akhi et al., 2017).

Statistical analysis

The data were evaluated by q2, Fisher exact test and qualitative statistics (percentages) using the SPSS software 24 (Washington, the USA), version 22.

Results

In the present study, 250 non-duplicated *Enterobacteriaceae* isolates were obtained from 104 males (41.6%) and 146 females (58.4%). The mean

### Table 1: Distribution of resistance rates of isolates by the DDA method

<table>
<thead>
<tr>
<th>Antibiotics</th>
<th>Sensitive</th>
<th>Intermediate</th>
<th>Resistant</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMP</td>
<td>3%</td>
<td>0%</td>
<td>97%</td>
</tr>
<tr>
<td>PTZ</td>
<td>60.4%</td>
<td>25.2%</td>
<td>14.4%</td>
</tr>
<tr>
<td>IMP</td>
<td>95.6%</td>
<td>0.8%</td>
<td>3.6%</td>
</tr>
<tr>
<td>AUG</td>
<td>43.2%</td>
<td>27.6%</td>
<td>29.2%</td>
</tr>
<tr>
<td>FEP</td>
<td>48.9%</td>
<td>11.9%</td>
<td>39.3%</td>
</tr>
<tr>
<td>CIP</td>
<td>41.6%</td>
<td>8.4%</td>
<td>50%</td>
</tr>
<tr>
<td>CAZ</td>
<td>58.4%</td>
<td>8.4%</td>
<td>33.2%</td>
</tr>
<tr>
<td>FM</td>
<td>69.2%</td>
<td>5.2%</td>
<td>25.6%</td>
</tr>
<tr>
<td>MEP</td>
<td>95.2%</td>
<td>0.8%</td>
<td>4%</td>
</tr>
<tr>
<td>ATM</td>
<td>46.8%</td>
<td>8.4%</td>
<td>44.8%</td>
</tr>
<tr>
<td>SXT</td>
<td>27.4%</td>
<td>0%</td>
<td>72.6%</td>
</tr>
<tr>
<td>FOS</td>
<td>98%</td>
<td>0.4%</td>
<td>1.6%</td>
</tr>
<tr>
<td>GN</td>
<td>62.4%</td>
<td>4%</td>
<td>37.2%</td>
</tr>
<tr>
<td>AN</td>
<td>87.4%</td>
<td>3.7%</td>
<td>8.9%</td>
</tr>
<tr>
<td>NA</td>
<td>30%</td>
<td>3.6%</td>
<td>66.4%</td>
</tr>
<tr>
<td>CFZ</td>
<td>17.2%</td>
<td>13.2%</td>
<td>69.6%</td>
</tr>
<tr>
<td>TE</td>
<td>40.4%</td>
<td>0.8%</td>
<td>58.8%</td>
</tr>
<tr>
<td>DTX</td>
<td>38.4%</td>
<td>18%</td>
<td>43.6%</td>
</tr>
<tr>
<td>MN</td>
<td>58.4%</td>
<td>17.6%</td>
<td>24%</td>
</tr>
<tr>
<td>TGC</td>
<td>97.6%</td>
<td>2%</td>
<td>0.4%</td>
</tr>
</tbody>
</table>

age of patients was 52±13 years. Overall, isolates were collected from internal ward (61.1%) intensive care unit (11.6%), surgery ward (15.2%), pediatrics ward (6%) and the burn ward (5.6%). The isolates were collected from urine (71.6%), blood (14%), wound (7.6%), fecal (1.6%), trachea (1.6%), sputum (1.6%), peritonea (1.2%) and cerebrospinal fluid (0.8%). The most common bacterial isolates was *E. coli* (72%) and followed by *K. pneumoniae* (18.4%), *Enterobacter cloacae* (4.4%), *Proteus mirabilis* (1.2%), *Shigella sonnei* (0.8%), *Shigella flexneri* (0.8%), *Klebsiella oxytoca* (0.8%), *Morganella morganii* (0.8%), *Proteus vulgaris* (0.4%) and *Citrobacter ferundii* (0.4%). According to the disk diffusion agar, the highest resistance rate was observed to ampicillin (97%), cotrimoxazole (72.6%), cefazolin (69.6%), nalidixic acid (66.4%), tetracycline (58.8%), ciprofloxacin (50%), aztreonam (44.8%), doxycycline (43.6%), cefepime (39.3%), gentamicin (37.2%), ceftazidine (33.2%), amoxicillin/clavulanate (29.2%), nitrofurantoin (25.6%), minocycline (24%), piperacillin/tazobactam (14.4%), amikacin (8.9%), meropenem (4%), imipenem (3.6%), fosfomycin (1.6%) and tigecycline (0.4%). Table 1 shows antibiotic resistance patterns of *Enterobacteriaceae* isolates. Fifty-one (20.4%) isolates were multidrug resistance. The MIC<sub>50</sub> and MIC<sub>90</sub> were respectively 32µg/ml and 64µg/ml for tetracycline and 4µg/ml and 16µg/ml for minocycline (Table 2). According to MICs value, the frequency of resistance to tetracycline and minocycline was 52% and 22%, respectively. The frequency of resistance to tetracyclines was shown in Table 3. To find the tetracycline resistance genes (*tetA, tetB, tetC, tetD, tetE, tetG, tetJ* and *tetY*), the
isolates which were resistant to tetracycline by the MIC method were tracked to find these genes through the PCR method. The distribution rate of tet genes was found to be tetA (14.4%), tetB (18.4%), tetC (2%) and tetD (4.4%) (Table 4); however, there was no trace of tetE, tetG, tetJ and tetY genes (Fig. 1).

Discussion

Enterobacteriaceae are important causes of urinary tract infections, bloodstream infections, hospital and healthcare-associated pneumonias as well as various intra-abdominal infections. The emergence and spread of resistance in Enterobacteriaceae are complicating the treatment of serious nosocomial infections and threatening to create species resistant to all currently available agents (Paterson, 2006). According to the results of the antibiotic susceptibility patterns, the high frequency of resistance was found to some β-lactams, sulfamethoxazole, tetracyclines, quinolones and aminoglycosides. This finding is similar to another study from Iran (Sadeghi et al., 2016) and other countries (Akram et al., 2007; Yadav et al., 2015). Tigecycline, amikacin, carbapenems and fosfomycin were most effective antimicrobial agents in this study. Carbapenems have considered as an important option for the treatment of resistant Enterobacteriaceae particularly MDR and ESBLs-producing isolates. The emergence of carbapenem-resistant Enterobacteriaceae was reported following the increased use of carbapenems (Gupta et al., 2011). In our study, the resistance to imipenem and meropenem was observed in 3.6% and 4% of isolates, respectively. Other studies reported carbapenem-resistant isolates from Iran and other countries (Hu et al., 2014; Sadeghi et al., 2016). The intensity of tetracycline resistance in Enterobacteriaceae has been changed during the past decades (Yezli et al., 2014). In the present study, the resistance rate to tetracycline, doxycycline and minocycline by DDA assay were 58.8%, 43.6% and 24%, respectively. The different frequency of tetracyclines resistance was reported in different countries. Tetracycline resistance rate was reported 93% in E. coli isolates from Pakistan (Hussain et al., 2014). Yezli et al. from Saudi Arabia were reported resistance tetracycline from 27.5% to 50% among Enterobacteriaceae isolates (Yezli et al., 2014). Differences in the frequency of resistance to

<table>
<thead>
<tr>
<th>Bacteria, no</th>
<th>tetA n (%)</th>
<th>tetB n (%)</th>
<th>tetC n (%)</th>
<th>tetD n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Escherichia coli, 117</td>
<td>29 (24.78)</td>
<td>37 (31.62)</td>
<td>2 (1.70)</td>
<td>5 (4.27)</td>
</tr>
<tr>
<td>Klebsiella pneumoniae, 19</td>
<td>6 (31.57)</td>
<td>8 (42.10)</td>
<td>3 (15.78)</td>
<td>4 (21.05)</td>
</tr>
<tr>
<td>Enterobacter cloacae, 5</td>
<td>0 (0)</td>
<td>1 (20)</td>
<td>0 (0)</td>
<td>1 (20)</td>
</tr>
<tr>
<td>Proteus mirabilis, 3</td>
<td>1 (33.33)</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>1 (33.33)</td>
</tr>
</tbody>
</table>
Tetracyclines are in result of geographic regions, a difference in the program of infections control and the pattern of tetracyclines usage in clinical medicine and veterinary. Continued prescribing of tetracyclines in clinical setting and veterinary is one of the reasons in the increased rate of tetracyclines resistant isolates. Tetracycline resistance can be mediated by efflux, ribosomal protection or chemical modification, but the first two mechanisms are the most clinically significant. A variety of resistance determinants may encode these mechanisms. Depending on the species, the tet (A) to tet (E) determinants are generally responsible for tetracycline resistance in Enterobacteriaceae (Fluit et al., 2005).

In the present study, among the eight detected tetracycline resistance genes, tetA, tetB, tetC and tetD were detected in 14.4%, 18.4%, 2%, and 4.4% of resistant isolates, respectively and tetE, tetG, tetJ and tetY genes not detected. Another study from Iran reported tetA, tetB and tetG in 28%, 14% and 6% of the tetracycline resistant Salmonella spp, respectively (Tajbakhsh et al., 2012). Both tetA and tetB genes generally were reported as the most common tet genes among the tetracycline resistant Enterobacteriaceae (Miranda et al., 2003; Tuckman et al., 2007; Tao et al., 2010; Momtaz et al., 2012). Our findings show a remarkable increasing rate in tetD gene distribution. In the current study, some of E. coli and K. pneumoniae resistant isolates have all four tetA, tetB, tetC and tetD genes simultaneously; however, the lack of some tet genes in a number of resistant isolates might be due to that, these resistant isolates follow other resistance mechanisms. Another similar investigation in South America studied the distribution of 20 members of tet family genes and found 24% of tetA, 8% of tetB and 4% of tetE genes; however, tetC, tetD, tetG, tetJ and tetY genes that coincided with our genes were not found in this study (Miranda et al., 2003). The results of this study indicate that tet genes in animal isolates have a similar dispersion rate with human isolates, partly.

In the present study, tigecycline was the most effective antimicrobial agents. Tigecycline is a chemically derivative of minocycline has a bacteriostatic mode of action against broad spectrum organisms (Kelesidis et al., 2008). Tigecycline is a therapeutic option for infections caused by carbapenem-resistant Enterobacteriaceae (Pourmaras et al., 2011). Tetracycline-resistant Enterobacteriaceae isolates were reported by some studies (Fluit et al., 2005; Kumar, 2016). In the present study, resistance to tigecycline was observed in one isolate (0.4%) which was carbapenems resistant but fosfomycin susceptible. Resistance to tigecycline might be predictable to happen through the similar mechanisms that contribute to tetracycline resistance; but, tigecycline is principally unalterable by the commonly occurring resistance mechanisms (Fritsche et al., 2005). According to the PCR results, this tigecycline-resistant E. coli had the tetD gene. However, there is not reported the clear association between the presence of tetracycline resistance determinants and the resistance to tigecycline in Enterobacteriaceae (Fluit et al., 2005). AcrAB efflux pump is an RND-type efflux system that it’s over-expression may be the responsible of tigecycline resistance (Ruzin et al., 2005).

Resistance to antibiotics has become a serious problem for the medical community and has an increased effect on patients, doctors and even the community. Studies at clinical centers largely show that antibiotics are taking longer to be effective and cause the extended hospitalization of the patients, contribute to the increase in mortality rates and heavy financial burden. By recognizing a trend in the increase of resistance rates and by working to prevent it, we can fight against ultimate treatment failure. Availability and understanding of sensitivity and resistance statistics is the main bet to preventing these concurrences. So in order to solve this problem, more cooperation between the doctors, hospital staff, insurance companies and pharmaceutical companies is of utmost importance. While this study worked with a large number of isolates that were collected from various sources, it would be highly advisable for further research to be undertaken with an even larger sample size and more isolated from other organisms. It seems especially important considering the danger that antibiotic resistance in the laboratory environment and modern microbiology at large poses. Reaching for the correct amount of antibiotics, like tetracyclines, to be prescribed would be crucial in preventing overdoses by the patients or the public. Due to the distribution of Enterobacteriaceae isolates in an environment and even in foods, and tetracycline usage in animals, a bacterial transfer from one place to another easily achieve. On the other hand,
because of having the mobile genetic elements, resistance genes have been transferred rapidly between these organisms and even other species. One probable reason is that some studies selection criteria is diverse and hybridization methods are used as an alternative to PCR. Considering 29 tet genes are identified from the tet family, means that the screening of other genes from this group can determine their status in Enterobacteriaceae and other organisms everywhere in the world.

Conclusion

There is a moderate to high resistance rate to tetracyclines in Azerbaijan, Iran. The most effective tetracyclines against Enterobacteriaceae is tigecycline. The tetA, tetB, tetC and tetD genes, which act through the efflux pump, are identified as the main cause of tetracycline resistance in Enterobacteriaceae isolates; however, resistance to tigecycline occurs through the same resistance mechanisms to tetracycline.

Acknowledgments

This article was financially supported by the Immunology Research Center, Tabriz University of Medical Sciences, Tabriz, Iran and was written based on a dataset of an M.Sc thesis registered at Tabriz University of Medical Sciences. We would like to thank the Tabriz University of Medical Sciences, Faculty of Medicine and Microbiology Department. We also would like to thank all hospitals for their assistance in sample gathering and all those who helped us in this study.

Conflict of interest

There is no conflict of interest to declare.

References


Resistance rate to tetracyclines

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