



# Estradiol preserves synapse-related proteins against oligomeric amyloid beta in the hippocampal cultured cells: possible involvement of protein kinase M zeta

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## ABSTRACT

**Introduction:** Estradiol has been shown to facilitate synaptic long-term potentiation (LTP) mainly through translocation of  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor from intracellular pool to the post synaptic membrane. On the other hand, oligomeric amyloid beta (oA $\beta$ ) decreases number of AMPA receptors in the synapses. It is well known that trafficking of AMPA receptors is governed by an atypical and autonomously active isoform of PKC called protein kinase M zeta (PKM $\zeta$ ). In spite of these evidence, the effect of estradiol on PKM $\zeta$  expression is not yet studied. We aim to examine the possible protective effect of estradiol on PKM $\zeta$  and AMPA receptor subunits against oA $\beta$  in hippocampal primary cell culture.

**Methods:** Primary cell culture was prepared from postnatal (P0 to P3) rat pups. They were decapitated and the brains were removed. Hippocampi were isolated and collected in cold phosphate buffer saline. Then, they were trypsinized at 37°C for 15min. The cells were treated with 1 $\mu$ M OA $\beta$  or vehicle for 24h and then with 100nM estradiol for another 24h. Using the western blot analysis, the expression level of AMPAR subunit glutamate receptor 1 (GluA1), GluA2 and PKM $\zeta$  were determined.

**Results:** OA $\beta$  decreased the level of GluA1, GluA2 and PKM $\zeta$ . Estradiol did not change the molecule levels in healthy cells; however, it preserved their expression levels in OA $\beta$  treated cells.

**Conclusion:** These findings suggest that estradiol may restore expression level of synapse related molecules in an Alzheimer' disease cell model, in part, through acting on PKM $\zeta$  signaling pathway.

## Keywords:

Alzheimer's disease (AD)

Estradiol

Protein kinase M zeta (PKM $\zeta$ )

Amyloid beta

$\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA)

## Introduction

Alzheimer's disease (AD), which is the most common form of dementia, is a neurodegenerative disease

characterized by progressive synaptic dysfunction and amnesia.

AD affects women and men unequally (Carter et al.,

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2012). It is reported that approximately 66% of AD are women and after the age of 65 the incidence of AD in men is 9.1% (i.e. 1 in 11) while this rate is 16.7% for women (i.e. 1 in 6) (Brookmeyer et al., 2011; Uddin et al., 2020). Even under the same conditions, women develop more severe memory deficit than men (Irvine et al., 2012), which may reflect a role of sex hormones, including estrogens on brain function.

Principal pathological hallmarks of AD are extracellular accumulation of amyloid beta ( $A\beta$ ) plaques and intracellular neurofibrillary tangles. Multiple evidence suggests the superior importance of amyloidogenic pathway in AD pathogenesis. For instance, all four genes, amyloid beta precursor protein (APP), presenilin 1, presenilin 2 and  $\epsilon 4$  allele of apolipoprotein E involved in familial or sporadic forms of AD, increase production and deposition of  $A\beta$  in the cerebral parenchyma (Selkoe and Podlisny, 2002). Human  $A\beta 42$  oligomers has been shown to induce tau hyperphosphorylation and cause neuritic dystrophy in cultured rat neurons while co-administration of  $A\beta$  antibodies fully prevents accompanied tauopathy (Selkoe and Hardy, 2016). Furthermore,  $A\beta$  oligomers obtained from AD patients' brains was reported to impair learning and memory, inhibit long-term potentiation (LTP), enhance long-term depression (LTD) and decrease dendritic spines when directly administered to mouse's hippocampus (Shankar et al., 2008).

APP is a transmembrane protein that cleaved by two proteolysis enzymes:  $\alpha$ -secretase, producing non-amyloidogenic secreted APP and  $\beta$ -secretase, producing amyloidogenic fragments and  $A\beta$  peptides (Evin and Weidemann, 2002). Soluble forms of  $A\beta$  have been shown to be even more toxic than fibrillar form for synaptic function (Shankar et al., 2008; Sengupta et al., 2016). In this regard, it has been shown that  $A\beta$  oligomer internalizes the glutamate receptors on the postsynaptic membranes and thus suppresses synaptic transmission (Guntupalli et al., 2016).  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor is a tetramer composed of two dimers of four subunits, GluA1-GluA4. Pyramidal neurons of hippocampus and cortex express GluA1 or GluA2-containing AMPA subunits (Lu et al., 2009). Reports have shown that AMPA receptor levels are declined in different types of AD model (Rui et al., 2010), but the underlying mechanism still remains to be understood. AMPA channels with GluA1 subunits

have been shown to play an important role in inducing long-term changes in synapses, LTP, known as cellular basis of learning and memory, while GluA2 contributes in LTP maintenance (Aliakbari et al., 2021; Plant et al., 2006). Interestingly, studies to date have shown that  $A\beta$  causes synaptic dysfunction by affecting both types of the channel (Aliakbari et al., 2021; Amini et al., 2021; Miñano-Molina et al., 2011).

Protein kinase M zeta (PKM $\zeta$ ), an atypical and autonomously active isoform of protein kinase C PKC (Ling et al., 2002), is believed to maintain LTP and establish remote memories (Shema et al., 2007). On the other hand, PKM $\zeta$  inhibition has been shown to suppress maintenance of late-LTP (Aliakbari et al., 2021; Schuette et al., 2016). PKM $\zeta$  acts mainly through facilitation of AMPA receptor trafficking and increasing the number of GluA2 containing AMPA receptor at synapses. Additionally, interactions between PKM $\zeta$ , GluA2 and post synaptic density protein-95 (PSD-95) caused to prevent internalization of AMPA receptor from the membrane (Shao et al., 2012). Although there is strong evidence that the number of GluA2 containing AMPA receptors on the membrane surface is decreased in amyloidopathy (Miñano-Molina et al., 2011; Aliakbari et al., 2021; Amini et al., 2021), it is not yet clear how the PKM $\zeta$  is changed in amyloidopathy.

Many reports have elucidated that estradiol induced improvements in memory through synaptic efficacy alteration and have protective effects against AD (Kramár et al., 2013). Estradiol has positive impact on the LTP enhancement by action on NMDA or AMPA receptor function in the hippocampus of male adult rats (Foy et al., 1999). In this regards, hippocampal slices *in vitro* that were subjected to estradiol have shown increases in N-methyl-D-aspartate receptor NMDAR and AMPAR transmission and LTP enhancement within minutes (Smith and McMahon, 2005). Study have indicated that, estradiol induced rapidly increase of hippocampal dendritic spine density and trafficking of GluA2 and PSD-95 in specific spines (Avila et al., 2017).

Although there is strong evidence on modulating effect of estradiol on synaptic efficacy through rapid increase of GluA2 containing AMPA receptor on the post-synaptic membrane, the effect of estradiol on PKM $\zeta$  as an up-stream enzyme for the new AMPA receptor insertion in health and AD condition is still unclear. Therefore, in this study, we investigated the possible role of estradiol

in preserving synapse related proteins against oligomeric form of A $\beta$  in cultured hippocampal cells.

## Materials and methods

### *Preparation of AB oligomers*

Oligomeric A $\beta$  was produced using synthetic A $\beta$ -42 (Abcam, USA) as previously described (Pourbadie et al., 2018). Briefly, A $\beta$  1–42 was dissolved in hexafluor-2-propanol to yield a 1mM. It is dried under hood in the room temperature, and then kept at -80°C. A $\beta$  oligomers (oA $\beta$ s) were prepared freshly by dissolving the peptide film with dimethyl sulfoxide (DMSO, Merck) and cold serum free F-12 medium without phenol red to obtain a 100 $\mu$ M stock. The stocks were then incubated at 4°C for 24h.

### *Primary culture of hippocampal neurons*

All experiments were carried out according to the Review Board and Ethics Committee of Pasteur Institute (Authorization code IR.PIL.REC.1398.013 June 2019) and conforming to the European communities Council Directive 2010-63-EU. Primary hippocampal cell cultures were prepared from newborn (P0 to P3 days) Wistar rats. They were decapitated and the brains were removed. Hippocampi were isolated and collected in cold phosphate buffer saline (PBS) containing glucose and antibiotics (penicillin and streptomycin 1%) solution. They were trypsinized with trypsin (1 x, Gibco; 50 $\mu$ l per hippocampus) in PBS at 37°C for 15min. Dulbecco's modified eagle medium (DMEM) containing 10% fetal bovine serum (FBS) was used to inhibit trypsin. Cells were mechanically dissociated and pelleted at 1000g. They were re-suspended in Neurobasal medium with 2% B27 (Gibco), 1% L-glutamine and 1% penicillin and streptomycin antibiotics (Gibco). This medium is a specific culture for neurons that provides almost pure neuronal population by suppressing glial cells (Valian et al., 2021). Primary cells were plated at a density of 100,000 cells/cm<sup>2</sup> onto poly-L-lysine (Sigma)-coated 12-well plates. Half of the growth medium was replaced once per week.

After two weeks, cells were treated with oA $\beta$  (1 $\mu$ M) (Heshmati-Fakhr et al., 2018; Yousefi et al., 2019). Twenty-four hours later, cells were treated with estradiol (Sigma; 100nM) (Kajta et al., 2001). After 24h, the supernatant was removed and cells were harvested in RIPA lysis buffer containing protease/phosphatase in-

hibitor cocktail (Roche, Germany) with a cell scraper and kept at -80°C until use.

### *Western blot analysis*

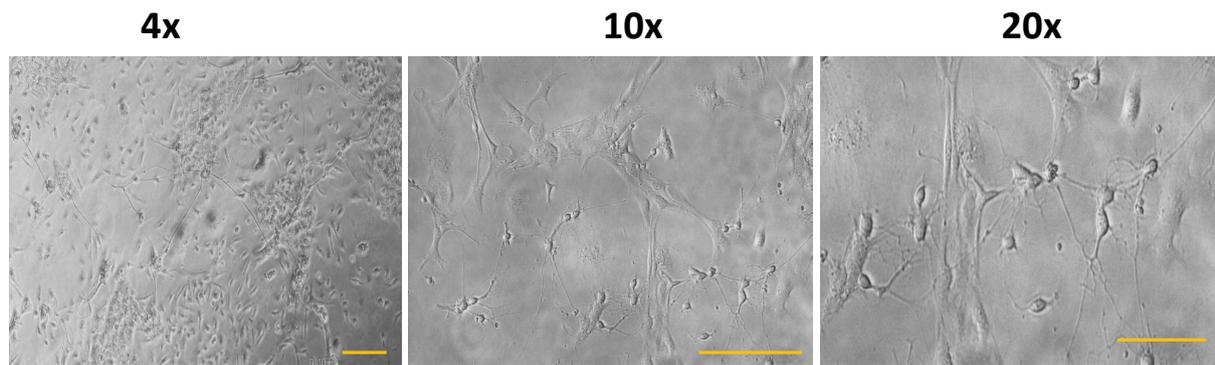
Twenty-four hours after the last treatment, cells were harvested, homogenized and lysed using lysis buffer. The lysates mixed with 2x laemmli sample buffer and then were heated in order to linearize the proteins. Twelve percent gel and sodium dodecyl sulfate-polyacrylamide gel electrophoresis were used to separate proteins of the cell lysates. The protein bands were transferred to polyvinylidene fluoride membranes that were then incubated in blocking buffer containing skim milk 2% and Tween-20 1% in Tris-buffered saline (TBS-T) for 2h. The membrane was incubated with the primary antibodies overnight at 4°C and washed three times each 10min. The following primary antibodies were used: anti-glutamate receptor A1 (anti- GluA1, 1:1000, Merck Millipore) and anti-glutamate receptor A2 (GluA2, 1:1000, Merck Millipore), anti-PKM $\zeta$  antibody (1:500, Millipore) and rabbit polyclonal anti- $\beta$ -actin antibody (1:1000, Invitrogen). The membranes were incubated in horseradish peroxidase-conjugated secondary antibody (1:3000, Invitrogen) for 2h at room temperature and washed with TBS-T three times each 10min. The protein bands were illuminated using chemiluminescence detection kit (ECL, Amersham Bioscience) and were then exposed to an autoradiography film (Kodak). The Image J 1.50i software (National Institutes of Health) was used to quantify and normalize the protein bands to corresponding  $\beta$ -Actin band.

### *Statistical analysis*

Shapiro-Wilk test was used to check the normal distribution of the data. After passing the normality test, one-way ANOVA followed by Tukey's posttest was used to determine the significant difference between groups. Data were presented as mean $\pm$ SEM and *P*-values <0.05 was considered as significance. Analyses were performed using GraphPad Prism 6 software.

## Results

Primary cells were treated after 14 days of culture. Representative images of cell morphology on day 14 are shown in Figure 1. No significant changes of cell morphology or neurite length was found following treatment with oA $\beta$  or estradiol (data not shown).



**FIGURE 1.** Representative images of hippocampal primary cell at day 14 of culture. Scale bar 4x and 10x: 100 $\mu$ m, 20x: 50  $\mu$ m.

*Estradiol reversed down expression of PKM $\zeta$  induced by oligomeric A $\beta$  in primary hippocampal cells*

As depicted in Figure 2, incubation of primary hippocampal cell with 1 $\mu$ M oligomeric A $\beta$  resulted in declined PKM $\zeta$  level. Figure 2A depicts representative band densities of PKM $\zeta$  in different groups. One-way ANOVA showed a significant difference among groups [F(3, 12)= 37.55,  $P$ <0.0001]. Further analysis with Tukey's Posttest revealed a significant difference between control and OA $\beta$  groups ( $P$ <0.01). However, treatment of the cells with estradiol reversed the A $\beta$  effect and enhances PKM $\zeta$  in A $\beta$  treated cells toward control level. No significant difference was found between control cells and those treated with estradiol alone.

*Estradiol preserved GluA1 and GluA2 AMPA receptor subtypes against OA $\beta$  in primary hippocampal cells*

Figure 3 demonstrates that GluA1 and GluA2, the key subunits of AMPA receptors, expression level in primary hippocampal cells in different groups. Figure 3A and C depict representative band densities of GluA1 and GluA2, respectively. One-way ANOVA revealed a significant difference of GluA1 level among groups [F(3, 8)= 34.47,  $P$ <0.0001]. Tukey's posttest showed a significant decrease of GluA1 in cells treated with oA $\beta$  compared with control group ( $P$ <0.001). Treatment of the cells with estradiol inhibited the declining effect of oA $\beta$  on GluA1 level. Estradiol alone significantly increased GluA1 level compared to the control group ( $P$ <0.05).

As shown in Figure 3D, GluA2 level was significantly decreased in oA $\beta$  treated cells compared to the control group ( $P$ <0.01). However, estradiol reversed the effect of oA $\beta$  and increased the level of GluA2 toward the control level. No significant difference of GluA2 level was

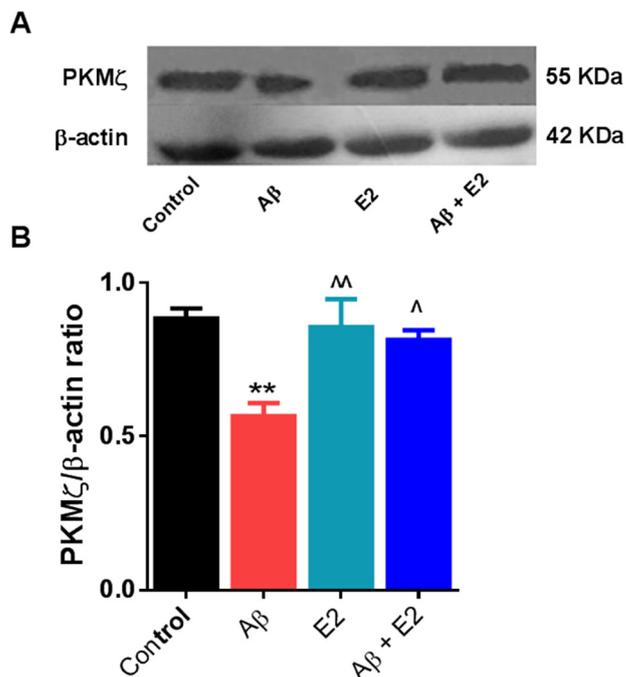
found between control and estradiol alone (E2).

Analysis of GluA2/GluA1 ratio revealed a significant difference among experimental groups. The ratio was significantly decreased in oA $\beta$  treated cells compared to the control and E2 groups ( $P$ <0.01). Treatment of cells with estradiol restore the GluA2/GluA1 ratio in oA $\beta$  treated cells (Fig. 4).

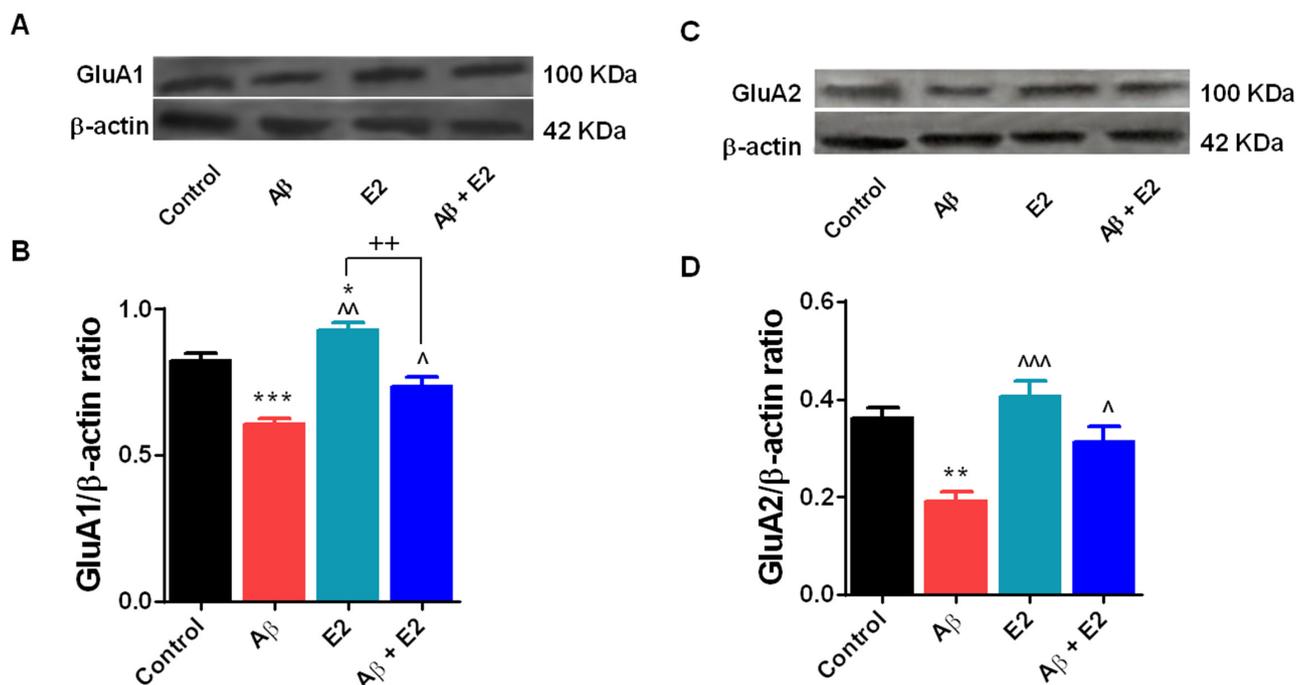
## Discussion

In the present study, we found that oligomeric A $\beta$  decreased the expression level of PKM $\zeta$  in primary hippocampal cells. Also, AMPA receptor subtypes, GluA1 and GluA2, were down-regulated in these cells following treatment with A $\beta$  oligomers. While estradiol did not change PKM $\zeta$  level in intact cells, it restored PKM $\zeta$  and GluA1 and GluA2 level in A $\beta$  treated cells.

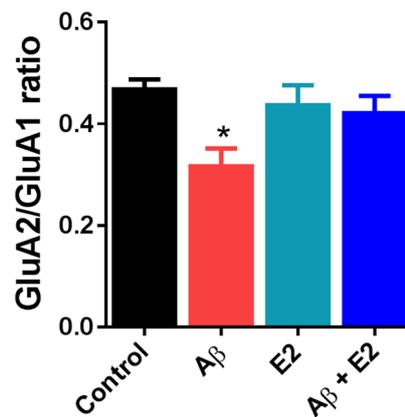
One of the main hallmarks of Alzheimer's disease is the overproduction and accumulation of various forms of A $\beta$ , which in advanced stages manifests as amyloid plaques deposition in brain tissue. Various studies have shown that A $\beta$  oligomers are the most toxic form of amyloid to neurons (Shankar et al., 2008). They cause progressive synaptic dysfunction, induce neuronal apoptosis in brain regions involved in memory formation and eventually lead to memory loss. It has been shown that A $\beta$  oligomers suppress synapses (Pourbadie et al., 2015; Pourbadie et al., 2016) by provoking the internalization of AMPA channels through protein kinase C dependent phosphorylation of serine 880 in GluA2 subunit (Liu et al., 2010). Two main forms of AMPA receptors are of particular importance in synaptic transmission, GluA1 and GluA2 containing AMPA channels. GluA1-containing AMPA channels are involved in induction of LTP, while those containing GluA2 are mainly involved in



**FIGURE 2.** Effect of estradiol on PKMζ against Aβ in primary hippocampal cells. A) representative Western blot and band densities of PKMζ and corresponding β-actin in different groups. B) oAβ treated cells express lower PKMζ compared to the control group. Incubation of oAβ treated cells with estradiol for 24h increased the level of PKMζ toward the control level. No significant difference was found between control and estradiol alone groups. Data expressed and mean±SEM (n=4-5). \*\*P<0.01 compared to control group, ^P<0.05, ^^^P<0.01 compared to Aβ group.



**FIGURE 3.** Effect of oligomeric Aβ and estradiol on AMPA receptor subtypes in primary hippocampal cells. A) Representative western blot and band densities of GluA1 and the corresponding β-actin in different groups. B) oAβ treated cells express lower GluA1 compared to the control group. Estradiol restored GluA1 level in oAβ treated cells. Estradiol alone also enhanced GluA1 expression level in healthy cells as compared with control group. C) Representative western blot and band densities of GluA2 and the corresponding β-actin in different groups. D) oAβ treated cells expressed lower GluA2 compared to the control group. However, treatment with estradiol increased GluA2 expression level in oAβ treated cells toward the control group. There was no significant difference of GluA2 between estradiol (E2) and control group. Data expressed and mean±SEM (n=4-5). \*P<0.05, \*\*P<0.01 and \*\*\*P<0.01 compared to control group. ^P<0.05, ^^P<0.01 and ^^^P<0.01 compared to Aβ group.



**FIGURE 4.** GluA2/ GluA1 ratio. OA $\beta$  decreased GluA2/GluA1 ratio in hippocampal pyramidal cells. Estradiol (E2) enhance the ratio but did not reach to the significant level compared to the A $\beta$  group. \* $P < 0.05$  compared to the control group.

maintenance of LTP. In other words, GluA1-channels play a role in short-term memory while GluA2 mediates long-term memory. The expression of both types has been shown to decrease with age (Pagliusi et al., 1994) or in AD (Zhang et al., 2018; Zhao et al., 2010).

In this study, we found that A $\beta$  oligomer reduced GluA1 and GluA2 expression. The GluA2/ GluA1 ratio was also decreased, indicating a more prominent decline of GluA2 due to A $\beta$ . In agreement, GluA2 down-regulation due to A $\beta$  has been shown in multiple studies (Liu et al., 2010; Zhao et al., 2010). GluA2 decreases the channel permeability to Ca<sup>2+</sup>, but GluA1 subunit allows high permeability the channel to Ca<sup>2+</sup> (Cantanelli et al., 2014). Decreased GluA2/ GluA1 ratio induced by oA $\beta$  may render the neuronal cells vulnerable to excitotoxic synaptic dysfunction following disproportionate Ca<sup>2+</sup> influx. Estradiol may protect neuronal cells by preserving GluA2 containing AMPA channels. In this regard, GluA2 knockdown has been reported to result in dendritic spine shrinkage, hippocampal cell death, learning and memory deficits and seizure vulnerability (Konen et al., 2020). Estradiol may combat A $\beta$ , in part, through preserving or enhancing PKM $\zeta$ /GluA2-AMPA receptors pathway in synapses. Consistently, PKM $\zeta$  is shown to preserve long-term memories by increasing GluA2-containing AMPA receptors at synapses (Aliakbari et al., 2021; Amini et al., 2021; Yao et al., 2008).

In 2002, an isoform of protein kinase C, resembling catalytic domain of protein kinase C with irreversible activity, was identified which is expressed exclusively in brain (Ling et al., 2002). This enzyme, PKM $\zeta$ , increases the trafficking of GluA2-AMPA channels in fa-

vor of increasing the channel quantity on the synaptic membrane through N-ethylmaleimide-sensitive factor dependent pathway (Lüthi et al., 1999). It also blocks removal of AMPA receptors from synaptic sites. Additionally, PKM $\zeta$  has been reported to maintain long-term memories by increasing the number of GluA2-containing AMPA receptors at postsynaptic sites (Yao et al., 2008). Interestingly, in this study we found that treatment of hippocampal primary cells with A $\beta$  oligomer reduced the expression level of PKM $\zeta$ . This finding was in contrast to our previous finding that we did not observe a significant decline of PKM $\zeta$  level due to A $\beta$  (Amini et al., 2021). This discrepancy may be due to different methodological approach. Indeed, in the previous study, A $\beta$  oligomer was injected locally into the dorsal part of the hippocampus, while PKM $\zeta$  expression levels were assessed in the whole hippocampus. Therefore, the ventral part of the hippocampus that was not exposed to A $\beta$  may mask the PKM $\zeta$  change in the dorsal part. However, in this study cultured hippocampal cells were uniformly exposed to the A $\beta$  oligomer.

AD is the five and eight leading cause of death, respectively for women and men in the United States (Alzheimer's and Dementia 2017). Treatment of postmenopausal women with estrogen-only or estrogen-progestogen hormonal replacement therapy slows down cognitive decline and decrease risk of AD (Zandi et al., 2002). Therefore, the lack of sex hormones such as estrogens can play a key role in cognitive function. In this regard, it has been shown that estradiol can improve memory impairment in AD models (Koss and Frick, 2019). Estradiol has also been shown to rapidly localize AMPA

channels at the synaptic membrane surface and enhance synaptic function and subsequent cognitive function (Avila et al., 2017). It is not yet known that how estradiol increases the number of AMPA channels, especially GluA2 containing AMPAs in the synaptic membrane.

In this study, we showed that estradiol prevented the decline of GluA1 and GluA2 level due to A $\beta$  in hippocampal primary cells. We found that estradiol alone enhanced GluA1, but not GluA2, in healthy hippocampal primary cells. Consistently, Zadran et al. (2009) reported that membrane levels of GluR1 (GluA1) but not GluR2/3 (GluA2/3) subunits of AMPA receptors are increased following administration of estradiol on acute hippocampal slices. Estradiol may have genomic and non-genomic effect on synaptic function. We did not investigate AMPA channel trafficking on synaptic membrane. In the first phase, estradiol may cause the AMPA channel to move from intracellular pool to the synaptic membrane, which occurs in a fraction of a second, thereby increasing synaptic function as previously reported (Hasegawa et al., 2015).

It should be also acknowledged that high level of GluA2 in intact cells may reflect a ceiling effect, occluding estradiol relevant synaptic GluA2-AMPA enhancement. There are multiple studies showing that estradiol may enhance activation of NMDA receptors/channels or an increase in AMPA receptor function (Zhang et al., 2018; Zhao et al., 2010). However, the underlying mechanism is not yet elucidated. Interestingly, we found that estradiol maintained PKM $\zeta$  expression in hippocampal primary cells against A $\beta$ . It has been reported that hippocampal primary neurons are more sensitive to A $\beta$  neurotoxicity compared with cortical primary cells. Furthermore, primary hippocampal cells treated with A $\beta$  peptide (A $\beta$  25-35) showed a decrease in GluA2 level (Resende et al., 2007). In parallel with our finding, it is reported that GluA2/GluA1 ratio is decreased due to A $\beta$  that contributed in LTD induction (Miñano-Molina et al., 2011). On the other hand, estradiol has been shown to facilitate the expression of LTP at CA3-CA1 synapses (Foy et al., 1999). It was also reported that only E2 application or E2 plus progesterone *in vivo* resulted in increased expression of AMPA receptors and AMPA receptor binding levels in the hypothalamus (Brann and Mahesh, 1994; Fugger et al., 2001; Ferri et al., 2014).

## Conclusion

In conclusion, the findings of our study indicate that estradiol restores GluA1 and GluA2 expression level in A $\beta$  treated primary hippocampal cells. It may act partly through preserving PKM $\zeta$  molecule in these cells. However, further studies are needed to elucidate how estradiol modulate PKM $\zeta$  expression.

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## Conflict of interest

We have no conflicts of interest to disclose.

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