**Title: concise and informative in less than 20 words**

Running title: no longer than 80 characters

First Name Surname1, First Name Surname2, First Name Surname3\*

1Department/Research Center, School/Institute, University, City, Country

2Department/Research Center, School/Institute, University, City, Country

3Department/Research Center, School/Institute, University, City, Country

\* Corresponding author

First Name Surname, Affiliation

Email address (only academic emails will be accepted)

Second email address (optional)

ORCID iD (mandatory)

**Acknowledgements**

The purpose of this part is to thank all of the contributors who helped with the research but did not meet the criteria for authorship. It is expected that those being acknowledged have given their permission to be named. This section should also provide information about all the funding sources. Funding organization(s), grant numbers and titles, and the authors who received funding(s) should be clarified.

**Conflict of interest**

In this part, authors must disclose any competing financial and/or non-financial interests in relation to the work described, even when they are confident that their judgments have not been influenced in preparing the manuscript. If there are no competing interests to declare, authors should include a statement to confirm that.

**Ethics approval**

Authors should clarify that the study was reviewed and approved by the appropriate institutional and/or national research ethics committee, including the name of the ethics committee and the reference number where appropriate.