**Title: Concise and informative in less than 20 words**

**Running title: no longer than 80 characters**

**Letter to the Editor**

Letters to the editor should start with the phrase "Letter to the Editor:" and no more title is required. All parts should be presented in consequent paragraphs in up to 1500 words and a maximum of 2 figures/tables.

**References**

The number of references should be kept to a minimum.

The references should be arranged according to the alphabetical order by the first authors’ last name, as presented in examples below.

Examples of journal references

Delwing-de Lima D, Ulbricht ASSF, Werlang-Coelho C, Delwing-Dal Magro D, Joaquim VHA, Salamaia EM, et al. Effects of two aerobic exercise training protocols on parameters of oxidative stress in the blood and liver of obese rats. J Physiol Sci 2018; 68: 699-706. https://doi.org/10.1007/s12576-017-0584-2

Greenberg AS, Obin MS. Obesity and the role of adipose tissue in inflammation and metabolism. Am J Clin Nutr 2006; 83: 461-5. https://doi.org/10.1093/ajcn/83.2.461S

Examples of book references

Norman IJ, Redfem S, editors. Mental health care for elderly people. New York: Churchill Livingstone, 1996, p. 200-16.

Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press, 1995, p. 465-78.

Citation in the text

Citation in the text (Lawrence, 2002; Mirzaii et al., 2020). Citation in the text (Boron and Boulpaep, 2012). Citation in the text (Johnson, 2003).

**Place each figure/table, if any, on separate pages after references.**